



## SENIORS WEEK!

**Join us for a week of fun as we come together - virtually - to celebrate our Queensland Seniors!**

For the first time in its 60-year history, Queensland's annual celebration of our senior community is going virtual. This year more than ever people need to connect and have something to celebrate, in the safest way possible. That is why the event will transform into an online affair!

Community has a range of extra special activities happening during the week to celebrate!

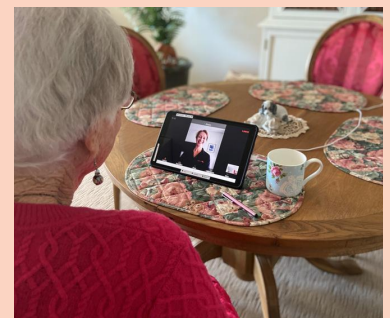
To find out about our aged care programs or to register for our virtual activities contact our team at the **Paddington Centre on (07) 3368 3723**

## Virtual High Tea

**Thursday 20th August 2020  
1pm - 2pm**

Join us for a Virtual High Tea event and enjoy some gorgeous baked goods delivered to your door! Dress to impress and bring a long your finest teacup, as we celebrate Seniors Week in style!

To book into the event please contact Sylvi on 0424 670 374.



## Guest Presentation - Queensland Museum!

**Monday 17th August 2020- 12:30pm**

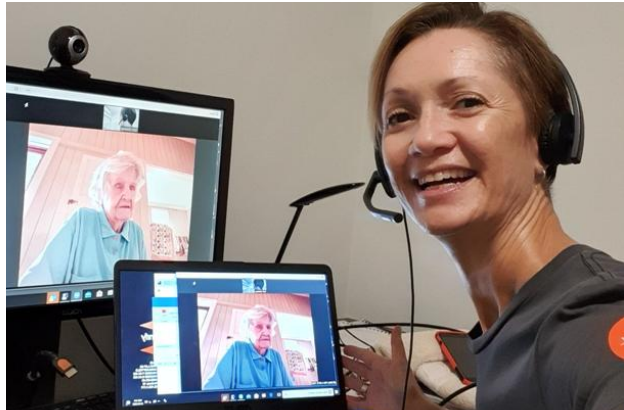
We are very excited to be partnering with Queensland Museum and Michela Mitchell, QM's Honorary in Entomology for an extra special guest presentation.! Michela will share her wisdom about venomous animals and how we can use their venom as medicines. The online audience will be invited to engage in a Q&A, where you can deep dive into any questions you may have about this fascinating topic! Join us for this not-to-be-missed event and contact Sylvi to register on 0424 670 374.





## Staying Healthy @ Home Tuesday 18th August 10am

Community is committed to keeping our seniors healthy and active - even if that means e via a Zoom session! As well as a range of gentle exercise groups, we run a weekly information session from a range of different health professionals. Join us for our special Seniors Week session with an OT Student who will talk about modifications and resources at home! It is a session not to be missed!



## Virtual Live Concert!

Friday 21st August 12:30pm

Join Clare Cowley for a virtual live concert as she sings songs through the eras as a special seniors week tribute! Clare delivers layers of soul with quirks that remind of Joan As Police Woman and a clarity that hints at Bonnie Raitt.



Need some tips on  
accessing virtual events?  
Click [here](#) for a resource on  
how to join the fun!



Click [here](#) to see more  
about Community and  
our Aged Care  
services!

